



Sample Trip Outlines

Note: Dates are from previous trips, for illustration only

Southern Africa:

Arrival: July 31

Johannesburg: July 31 – August 2

- See the Apartheid Museum
- Visit Soweto and Alexandra Townships
- Market Street Theatre Complex and meet local women poets (Myesha)
- Meet with Charlayne Hunter Gault re: her new book *New News Out of Africa*
- Other meetings as they develop

Capetown: August 2 – August 8

- Visit to District Six Museum
- Robben Island visit (weather permitting)
- Time with Treatment Action Campaign staff
- Visit to Khyalisha, Guguletu, Mitchell's Plain
- Time with people organizing around housing issues
- Visit to Parliament, St. George's, Green Market Square

Namibia (Windhoek=capital): August 8 – August 13

- Tour Windhoek, including the Parliament-if in session
- Meet the Sister Namibia organization
- Time with Labor Research and Resources Institute
- Visit with Namibian labor leaders
- Trip to Etosha National Park, game viewing
- Secondary school visit

Johannesburg: August 13 – August 14

- Overnight, then early morning bus ride to Maputo, Mozambique lunch in Nelspruit, Mpumalanga Province (South Africa)

Maputo: August 14 – August 19

- Meeting with famous artist Malangatana; see Chissano sculpture museum
- Visit Frelimo Museum
- Free time & possible beach trip
- Meet with people doing Health care work and visit Maputo Hospital
- Meet with local Mozambican artisans

Return to Johannesburg: August 20

Return to the USA: August 21

Cuba

Based on a 2014 Trip

FRI 6/13 Convene in Miami; Orientation.

SAT 6/14 Depart from Miami; Arrive in Havana; Lunch; Afternoon orientation program; Evening cultural event.

SUN 6/15 Visit Old Havana; Meet with churches who supported Cuba-Africa Solidarity (services available); Social event with a block involved in Angola liberation efforts.

MON 6/16 Morning lecture on history of Cuban involvement in Africa; afternoon meeting with Cuban veterans.

TUES 6/17 Visit to Centre Cultural Almacenes de San Jose, open-air market

WED 6/18 Travel to Oriente Province; Visit Isle of Pines school for Southern African students.

THUR 6/19 Visit former slave barracks and slave plantations.

FRI 6/20 Visit Literacy Museum; Meet with ICAP (Cuban Institute for Friendship with the People).

SAT 6/21 Open daytime schedule; Farewell party in evening.

SUN 6/22 Depart from Cuba.